

TIMETABLE

Saturday, Sept. 3th

U 14 girls - boys

time	spri./hur.	runs	throws	jumps	start. prese.	end present.	vict. cere.
18:15			JT Q		17:15	17:35	
18:30							
18:30			ST F		17:30	17:50	Sun 12:45

Sunday, Sept.4th

time	spri./hur.	runs	throws	jumps	start. prese.	end present.	vict. cere.
8:30							
9:00	60m Heats		ST F		8:20/8:00	8:35/8:20	12:45
10:00	60m Heats			HJ F	9:20/9:00	9:35/9:20	12:45
11:15		1 500m F			10:35	10:50	12:45
12:15		1 500m F			11:35	11:50	17:15
13:15				LJ Q A,B	12:15	12:35	
14:15	60m F				13:50	14:00	17:15
14:45				LJ Q C,D	13:45	14:05	
15:00			JT Q		14:00	14:20	
15:15							
15:30	60m F				15:05	15:15	17:15
16:15				LJ Q A,B	15:15	15:35	
17:15			JT F	LJ Q C,D	16:35/16:15	16:45/16:35	20:00/20:00
18:15	100mHu. Heats				17:40	17:50	
18:30							
18:45	100mHu. Heats				18:05	18:20	
19:00							

Monday, Sept.5th

time	spri./hur.	runs	throws	jumps	start. prese.	end present.	vict. cere.
9:30	100m HU. F B,A				8:55	9:05	11:15
9:45							
10:00	100m HU. F B,A				9:25	9:35	11:15
10:45				HJ F	9:45	10:05	14:15
11:30			JT F		10:50	11:00	14:15
12:30	300m F				11:45	12:00	14:15
13:30	300m F			LJ F	12:45/12:50	13:00/13:00	18:00/18:00
14:45				LJ F	14:20	14:30	18:00
16:15	relay 4x 300m mix				15:25	15:45	18:00