

TIMETABLE

Friday, August 29th

U 13 girls - boys

time	spri./hur.	runs	throws	jumps	start. prese.	end present.	vict. cere.
9:30	60m Heats				8:45	9:05	
10:45				HJ F	9:55	10:15	14:30
12:00				LJ Q A,B	11:00	11:20	
12:15	60m Heats				11:30	11:50	
13:15				LJ Q C,D	12:15	12:35	
15:15		800m F			14:30	14:50	16:40
16:00	60m F A,B				15:35	15:45	16:40
17:15	60m F A,B				16:50	17:00	19:30

Saturday, August 30th

time	spri./hur.	runs	throws	jumps	start. prese.	end present.	vict. cere.
9:00			JT Q A		8:00	8:20	
10:00			JT Q B		9:00	9:20	
10:45		800m F			10:00	10:20	11:45
11:15			JT Q A		10:15	10:35	
12:15			JT Q B		11:15	11:35	
13:00	150 Heats				12:10	12:30	
13:45	150 Heats				12:50	13:15	
14:45				LJ Q A,B	13:45	14:05	
16:00				HJ F	15:10	15:30	20:00
16:15				LJ Q C,D	15:15	15:35	
17:45				LJ F	17:10	17:20	20:00
18:45	4x 60m F				17:55	18:15	20:00
19:15	4x 60m F				18:25	18:45	20:00

Sunday, August 31st

time	spri./hur.	runs	throws	jumps	start. prese.	end present.	vict. cere.
8:45			JT F		8:10	8:20	12:45
9:30	150m F A,B				9:05	9:15	12:45
9:45	150m F A,B				9:20	9:30	12:45
11:00				LJ F	10:25	10:35	12:45
13:45			TJ F		13:10	13:20	15:00