

TIMETABLE

Friday, August 29th

U 14 girls - boys

time	spri./hur.	runs	throws	jumps	start. prese.	end present.	vict. cere.
9:30			SP Q A		8:35	8:55	
10:15	60m Heats				9:30	9:50	
10:30			SP Q B		9:35	9:55	
12:00				LJ Q A,B	11:00	11:20	
13:00	60m Heats				12:15	12:35	
13:15				LJ Q C,D	12:15	12:35	
14:30			JT Q A		13:30	13:50	
14:45				HJ F	13:55	14:15	16:30
15:30			JT Q B		14:30	14:50	
16:15	60m F A,B				15:50	16:00	16:30
16:45			SP Q A		15:50	16:10	
17:30	60m F A,B				17:05	17:15	19:30
17:30			SP Q B		16:30	16:55	

Saturday, August 30th

time	spri./hur.	runs	throws	jumps	start. prese.	end present.	vict. cere.
10:00				HJ F	9:10	9:30	11:45
11:30	100mHU Heats				10:45	11:05	
11:45			SP F		11:10	11:20	15:45
12:00				LJ Q A,B	11:00	11:20	
12:15	100mHU Heats				11:30	11:50	
13:00			SP F		12:25	12:35	15:45
13:30				LJ Q C,D	12:30	12:50	
14:30	300m F				13:45	14:05	15:45
16:00	300m F				15:15	15:35	20:00
17:30	100mHU F A,B				17:05	17:15	20:00
17:45			JT Q A		16:45	17:05	
18:00	100mHU F A,B				17:35	17:45	20:00
18:45				LJ F	18:10	18:20	20:00
19:00			JT Q B		18:00	18:20	

Sunday, August 31st

time	spri./hur.	runs	throws	jumps	start. prese.	end present.	vict. cere.
9:30			JT F		8:55	9:05	12:45
10:00				LJ F	9:25	9:35	12:45
10:15		1500m F			9:35	9:50	12:45
11:15		1500m F			10:35	10:50	12:45
13:00			JT F		12:25	12:35	15:00
14:00	4x300 mix				13:10	13:30	15:00